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Sinus Relief Spray

Understanding Sinus Congestion

Sinus congestion can make life uncomfortable. From everyday tasks, to getting a good night's rest, sinus discomfort alone or coupled with a stuffy nose is no fun at all. Sinus discomfort can be caused by a number of culprits, including the common cold, seasonal allergies, and sinusitis.

While these ails may have similar symptoms, they happen for different reasons. For example, allergies usually cause swelling of the sinuses and nasal passages to help try and get rid of allergens (i.e. pollen, dust particles). Sinusitis, on the other hand, develops as a result of a cold or allergies. While not as common, a sinus infection can also be caused by a bacteria.

Our Treatment

Marie Originals Sinus Relief remedy is an all-natural formula curated to alleviate sinus discomfort and nasal congestion. This soothing treatment contains nature's original ingredients, including a powerful dose of clove and peppermint for instant relief. The remedy also contains eucalyptus, juniper, and rosemary to calm inflamed sinuses and help you sleep better, breathe better, and feel better.

BIOACTIVES

1. **Eucalyptus** and **Juniper Essential Oils** penetrate the skin
2. **Yellow Sweet Clover** renders powerful anti-inflammatory action
3. **Peppermint** and **Wintergreen** provide lasting, cooling relief

HOME REMEDIES FOR SINUS RELIEF

Get steamy.

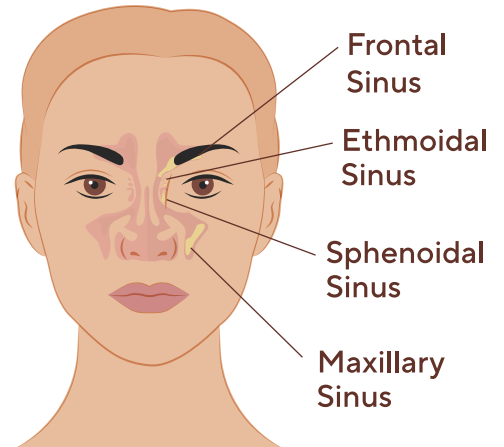
A nice, steamy shower can do wonders to relieve nasal congestion and sinus pressure. You can either enjoy these benefits in the shower, or you can simply close the bathroom door and wait for the room to get super steamy without stepping into the shower.

Eat foods that support sinus health.

A variety of colorful fruits and vegetables that are rich in vitamin C help heal sinus infections and ward off colds and allergies. An example of one of nature's remedies are red bell peppers, with one cup containing almost three times more vitamin C than an orange!

Steam inhalation with aromatherapy.

Carefully pour hot water into a bowl and place it on a sturdy table in front of you. Apply a few drops of eucalyptus or peppermint essential oil into the water, then drape a bath towel over your head and around the bowl to seal in the steam. Lower your head 8-12 inches above the water, and breathe in the calm for at least 15 minutes.



ease sinus pressure



reduce congestion



enhance breathing

Marie Originals

Targeted, lasting relief that's safe and gentle enough for even sensitive skin. And powerful potent and certain to get the job done - fast. Marie Originals, a powerhouse hybrid of raw power and raw nature.

Sinus Relief Spray

Easy to use

Test for sensitivity by applying a small amount onto wrist before use.



1) Spray the treatment onto your hands.



2) Gently dab treatment onto your forehead and temples



3) Massage into your skin in a light circular motion.

Take extra care to ensure that you keep the medication away from your eyes.

 Eucalyptus the power to ease nasal congestion	 Rosemary the power to soothe sinus inflammation	 Peppermint the power to provide cooling relief
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Product Information

Active ingredients.....**Purpose**
 Melilotus officinalis 30C (Yellow sweet clover.....anti-inflammatory

Based on traditional methods of homeopathic healing. These ingredients may have not yet been clinically tested by the FDA or the HPUS for these uses.

Uses

To aid in the temporary relief of sinus and nasal congestion.

Warnings *For topical use only. Do not spray inside nose. Do not use if you are sensitive to any components of this formula. Avoid contact with eyes, if contact occurs, rinse thoroughly with water. Ask a doctor if: You are pregnant or breastfeeding, symptoms persist or worsen, or new symptoms occur. This product is not intended to substitute advice from healthcare professionals. Do not use if tamper seal is broken or missing. Keep away from children. In case of accidental ingestion, contact a poison control center immediately. Store in cool dry place.

Inactive Ingredients

Cajeput Oil, Chili Seed Oil, Clove Leaf Oil, Eucalyptus Oil, Juniper Berry Oil, Lavender Oil, Olive Oil (Extra Virgin), Peppermint Extract, Rosemary Oil, Wintergreen Oil (Contains trace amounts of alcohol)



Also by Marie Originals



Echinacea
the power to **calm** discomfort

Pulsatilla
the power to **relieve** pain

Goldenseal
the power to **cleanse** the ear canal



Peppermint
the power to **soothe** inflammation

Lavender
the power to **ease** tension

Wintergreen
the power to provide **lasting relief**

eliminate excess fluid

relieve pain

cleanse ear canal

soothe sore muscles

relieve joint pain

enhance circulation



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