

# Ear Drops

## What are ear infections?

Ear infections are the most common reason parents bring their child to a doctor. Since infants and young children have an immature immune system; and a narrower, more horizontal eustachian tube, they are more prone to fluid accumulation and ear infections.

## Are all ear infections alike?

No. They come in two types: outer ear and middle ear. Swimmer's ear is an infection or irritation of the outer ear canal that is often caused by water getting trapped in the ear (i.e. from swimming, bathing, or showering). Otitis media is a middle ear infection that often follows a cold, flu, or allergies, and is the result of a condition that keeps fluid from draining out of the middle ear. When fluid sits in the middle ear, this can encourage the growth of microbes and lead to an infection.

### Acute vs chronic:

Acute ear infections are more common, have a sudden onset and usually resolve right away. Ear infections are considered chronic when they do not fully clear up, or keep recurring. Chronic ear infections may be indicative of an underlying issue

that should be addressed.

### Signs to look for with acute ear infections:

Adults typically experience ear pain, pressure, fluid in the ear, and reduced hearing.

Children typically experience a wider range of symptoms, including tugging at the ear, trouble sleeping, loss of appetite, fever, headache, and irritability.

An adult or child with symptoms of an ear infection should consult a physician for diagnosis.

## Our Treatment

**Marie Originals Ear Drops** are thoughtfully curated to help relieve uncomfortable ear pressure and eliminate excess fluids that can cause painful earaches and sleeplessness in infants, children, and adults. This earth-derived remedy contains a powerful dose of pasqueflower to help relieve itching and ear pain, as well as echinacea for its anti-inflammatory properties. Featuring club moss and goldenseal, this soothing treatment calms irritation while providing immune support.

## NATURAL EARACHE RELIEF AND PREVENTION TIPS

### Try a warm compress

Applying a warm compress to the ear can help relieve earaches and provide comfort. To create a moist compress, soak a washcloth in warm water and hold it against the affected ear for soothing relief.

### Breastfeed

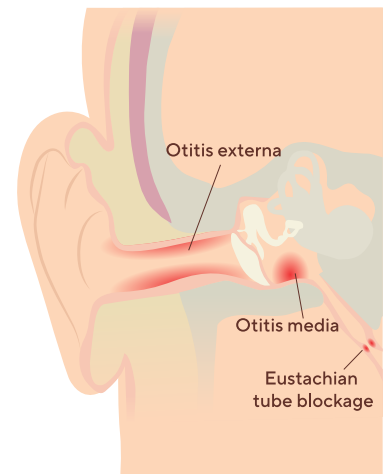
Breastfeeding your baby for at least six months can be protective, as breast milk contains antibodies that help guard your baby from infections.

### Hold your baby upright during bottle-feeding

When bottle-feeding infants and young children, keep them at a more vertical angle rather than laying down, to help avoid fluid buildup.

### Limit pacifier use

You might want to limit pacifier use if you can. Studies have shown that children who use a pacifier had a slightly higher rate of middle ear infections than children who did not.



 eliminate excess fluid

 relieve pain

 support healthy ear

## Marie Originals

Targeted, lasting relief that's safe and gentle enough for even sensitive skin. And powerful potent and certain to get the job done - fast. Marie Originals, a powerhouse hybrid of raw power and raw nature.

# Ear Drops

## Easy to use

- 1) Tilt head sideways and place 2-3 drops into affected ear.
- 2) After 8 seconds, turn head so that affected ear is facing downwards, allowing the drops to drain from the ear.
- 3) Use 3 times daily, until symptoms subside.

Do not use on infants under 3 months of age.  
Do not leave drops in the ear.

**Leaping Bunny Certified**



 <b>Echinacea</b> the power to calm inflammation	 <b>Pulsatilla</b> the power to relieve pain	 <b>Goldenseal</b> the power to cleanse the ear canal
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### Drug Facts

#### Active Ingredients.....

Echinacea 30C (Coneflower).....	ear pain
Pulsatilla 30C (Pasque Flower).....	ear pain

*Based on traditional methods of homeopathic healing. These ingredients may have not yet been clinically tested by the FDA or the HPUS for these uses.*

#### Uses

To help temporarily relieve pain associated with earache and swimmer's ear.

#### Warnings

**\*Do not use if eardrum is perforated.**

For use in the ear only. Tip of applicator should never enter the ear canal. Ask a doctor before using if you are pregnant or breastfeeding. Seek medical attention if: •Symptoms persist for more than 48 hours. •You suspect infection. •Discharge from ear, or fever is present. This product is not intended to substitute advice from healthcare professionals. Keep out of the reach of children. In case of accidental ingestion, contact a poison control center immediately. Do not use if tamper band is broken or missing.

**Store in a cool dry place.**




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## Also by Marie Originals



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**Eucalyptus**  
the power to  
**clear** nasal  
congestion

  
**Rosemary**  
the power to  
**soothe** sinus  
inflammation

  
**Peppermint**  
the power  
to provide  
cooling relief



  
**Organic Oat**  
the power to  
**clarify** and **soothe**  
the skin

  
**Vegetable Glycerin**  
the power to **moisurize**  
and **maintain the PH**  
balance of your skin

  
**Noni Fruit**  
the power  
to **relieve**  
inflammation

  
**European Natural Clay**  
the power to **rid**  
the skin of toxins  
and irritants

 relieve sinus pressure

 ease congestion

 enhance breathing

 soothe rash

 gently cleanse

 restore healthy skin



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